



EVERYDAY HEROES

JOIN US AT SPIN AS WE EXPLORE HOW GOD USES EVERYDAY PEOPLE TO BE HIS KINGDOM HEROES



WHAT YOUR CHILD SHOULD BRING TO CAMP:

Bedding:

- Sleeping bag and/or sheets (please include a blanket if your child gets cold at night)
- Pillow (including pillow case)
- Single fitted sheet (to put over the mattress)

Toiletries:

- Towel and face washer
- Personal toiletries, including deodorant and sunscreen

Clothing:

- Closed-in shoes (one must be comfortable walking shoes i.e. Sneakers)
- Other comfortable shoes (i.e. Thongs)
- Comfortable, appropriate clothes including t-shirts, shorts, etc. (T-shirts are preferred over singlet/tank tops for sun safety)
- Underwear
- Socks
- Clothes that can get wet including closed-in shoes
- Hat (caps are ok)
- Superhero costume (more information under theme night)
- A t-shirt that can be cut up (as part of an activity on camp – more information under theme night)

Swimming and Water Activities:

- Bathers (including board shorts – these must be worn while at the lake) *We recommend bringing 2 sets of bathers if possible (in case they get dirty)*
- Rashie/Swim shirt (these must be worn while swimming)
- Beach Towel
- Life Jacket (if your child requires. Swimmers will be supervised at all times)

Other items:

- Clearly labelled water bottle
- Bible, pens/pencils
- Insect repellent
- Torch
- A garbage bag (or similar) to place dirty and/or wet clothes in at the end of camp.
- A book to read (or similar - if your child wakes up early, etc)

WHAT YOUR CHILD SHOULDN'T BRING TO CAMP:

- iPods, iPads, Gameboys/DS Consoles, handheld devices etc.
- Money – Please refrain from providing your child with money, we will not have any opportunities to purchase food/drink while on camp.
- Food snacks – There are individuals attending SPIN 2017 who have allergies, therefore, we ask that you leave your child's nutritional needs in the safe hands of our cooks.
- Camera
- Mobile Phone (*please see below for more information*)



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HERO THEME NIGHT

On the last evening of SPIN 2017, we will be transforming camp into a Hero Theme Night! We encourage your child to dress up as a **hero!** Heroes come many different forms, so encourage your child to be creative. There will be craft items available at camp to enhance a costume if needed. Please ensure that all costumes are appropriate for others to view.

We are also planning on creating a 'superhero' item out of old t-shirts. We would appreciate it if you could send an old t-shirt with your child that you are happy for them to cut up.

MEDICATION BROUGHT TO CAMP/SICKNESS ON CAMP

Please read over the information below to help ensure that we can adequately look after your child while they are on camp.

Prescription medication: If your child requires prescription medication on camp, please hand it to the first aid officer on arrival. We suggest that any prescription medication is brought to camp in a chemist-issued 'blister pack' (which includes information on how this medication is to be administered). If you cannot supply your child's medication in a blister pack, please send the prescription medication(s) in its original packaging, with information on how this medication is to be administered, and contained within a clearly named zip lock bag.

Non-prescription medication: Campers are allowed to bring with them non-prescription medication such as Panadol, cold & flu tablets, antihistamine, etc. These medications are to be placed in a clearly named zip lock bag with instructions on how this medication is to be administered. Please hand any medication to the first aid officer on arrival. **SPIN cannot administer medication to your child unless you have provided it for them.**

Asthma Inhalers/Epi-pens: If your child has an asthma inhaler or epi-pen, please supply two (2) of each item for camp. One is to be given to the first-aid officer upon arrival and the other is to be retained by your child. Please ensure that both items have your child's name clearly visible.

MOBILE PHONES

We strongly discourage campers from bringing mobile phones to camp, as we cannot guarantee the safety of these items. We understand that parents may wish to keep in contact with their child during the camp and ask that they do this by ringing one of the two mobile phones listed on page one. We will happily allow you to talk to your child through this means.